Questions to Ask

1 Should/Can I get a second opinion?

2 Is this type of cancer caused by genetic factors? Are other members of my family at risk?

3 Are their molecular tests available that may lead to better treatment or possible clinical trials?

4 What lifestyle changes—such as diet, exercise, and rest—should I make to be healthy before, during, and after treatment?

5 What are my treatment options?

6 Which treatments, or combination of treatments, do you recommend? Why?

7 What is the goal of the treatment? Is it to eliminate the cancer, help me feel better, or both?

8 What support services are available to me? To my family?

9 Where can I find specific resources for children? For teenagers? For young adults? For older adults?

10 May I contact you or the nurse if I have other questions?

11 Whom should I call with questions or concerns during non-business hours?

12 Can you recommend a social worker to help locate support services?

13 If I'm worried about managing the costs of cancer care, who can help me?

14 Who handles health insurance concerns in your office?

15 Where can I find more information about this type of cancer?

Notes