

STOOL SPECIMEN COLLECTION INSTRUCTIONS

A number of different laboratory tests can be performed on stool. Each test has specific requirements for proper collection, storage, and transport of the specimen. You have been asked by your physician to collect one or more stool specimens for testing. Please remember that the specimen should not be mixed with urine, water, or paper.

A simple method for collecting a stool specimen is to stretch a piece of plastic wrap across the toilet under the toilet seat. The stool specimen can then be transferred to the appropriate container as required.

Please follow the instructions shown below. **It is extremely important that you write your full name, date of birth and the date and time of collection right on the container.** Please call your physician's office or contact Wisconsin Diagnostic Laboratories Client Services at (414) 805-7600 if you have any questions.

OVA & PARASITE EXAM or CRYPTOSPORIDIUM/GIARDIA DFA

Required Container:

ParaPak EcoFix green-capped vial.



Collection

Instructions:

Transport:

1. Carefully uncap the vial.
2. Using the plastic spoon attached to the cap, transfer enough stool to bring the liquid level up to the red arrow on the label marked "ADD SPECIMEN TO THIS LINE". Choose liquid or bloody portions of the specimen if present.
3. Recap the vial tightly and shake well.
4. Write the patient name and date and time of collection on the label.
5. Place the vial back into the plastic bag and **keep at room temperature.**

Often times you will be asked to collect multiple specimens a few days apart. Specimens can be kept at room temperature until the final collection. Specimen(s) must be returned to your physician's office or the laboratory **within 7 days.**

STOOL CULTURE

Required Container:

ParaPak C&S orange-capped vial.



Collection

Instructions:

Transport:

1. Carefully uncap the vial.
2. Using the plastic spoon attached to the cap, transfer enough stool to bring the liquid level up to the red arrow on the label marked "ADD SPECIMEN TO THIS LINE". Choose liquid or bloody portions of the specimen if present.
3. Recap the vial tightly and shake well.
4. Write the patient name and date and time of collection on the label.
5. Place the vial back into the plastic bag and **keep at room temperature.**

Specimen must be returned to your physician's office or the laboratory **within 2 days.**

C. DIFFICILE NUCLEIC ACID AMPLIFIED TEST (C DIF NAAT) , HELICOBACTER PYLORI ANTIGEN (HPSA), ROTAVIRUS ANTIGEN (V ROTA)

Required Container:

ParaPak Clean white-capped vial or other clean screw-capped container.



Collection

Instructions:

Transport:

1. Carefully uncap the vial.
2. Using the plastic spoon attached to the cap, transfer at least 5mL (1 teaspoon) of watery stool into the container.
3. Recap the vial or other container tightly.
4. Write the patient name and date and time of collection on the label.
5. Place the vial back into the plastic bag and **keep refrigerated.**

Specimen must be returned to your physician's office or the laboratory **within 5 days.**