

# Anti-Mullerian Hormone Testing Update

## Effective October 8, 2020,

# Anti-Mullerian Hormone (AMH) Testing Update

**Effective October 8, 2020**, Wisconsin Diagnostic Laboratories (WDL) will begin offering anti-mullerian hormone (AMH) testing in-house.

This test will replace the anti-mullerian test that is currently sent to a reference laboratory. By bringing this testing inhouse, turnaround time will be greatly improved, with results available within 24 hours, Sunday through Saturday.

An update to the Reference Intervals is required with this change. It is also important to note that testing may be prone to interference from biotin. Thus, patients taking high-dose biotin therapy or supplements (>5 mg/d) should discontinue any doses for at least 8 hours prior to sample collection.

For patients being monitored for anti-mullerian hormone concentration, comparison testing with the previous method can be arranged when the test is ordered by contacting one of the Co-Directors listed below.

### **Test Information:**

Test Name	Mnemonic	Test Code	Epic Code	CPT Code
Anti-Mullerian Hormone	AMH	3550807	83516.009	83520

### **Reference Interval Update:**

Previous Reference Intervals (Female)			
Age	Reference Interval		
6 months-14 years	0.256-6.345	ng/mL	
15-17 years	0.861-10.451	ng/mL	
18-29 years	0.401-16.015	ng/mL	
30-39 years	0.176-11.705	ng/mL	
40-45 years	≤6.282	ng/mL	
46-50 years	≤0.064	ng/mL	
Post-menopausal	≤0.003	ng/mL	

New Reference Intervals (Female)			
Age	Reference Interval		
20-24 years	1.22-11.7 ng/mL		
25-29 years	0.89-9.85 ng/mL		
30-34 years	0.58-8.13 ng/mL		
35-39 years	0.15-7.49 ng/mL		
40-44 years	0.03-5.47 ng/mL		
45-50 years	0.01-2.71 ng/mL		

### For Technical Questions or Additional Information, Please Contact:

- Ian Gunsolus, PhD, Co-Director of Clinical Chemistry and Toxicology, 414.805.6972, <u>igunsolus@mcw.edu</u>
- Laura Smy, PhD, MLS, Co-Director of Clinical Chemistry and Toxicology, 414.805.6975, <a href="https://www.edu">lsmy@mcw.edu</a>

